



2007 FACT SHEET

PITCH, HIT & RUN is a **FREE** program for youngsters ages 14 & under*, designed to encourage youth participation in baseball and allow youngsters to showcase their pitching, hitting and running abilities.

LOCAL COORDINATOR RESPONSIBILITIES: **Submit** a completed Local Commitment Form to the National Headquarters to **receive** an administrative kit with materials necessary to **host** a competition. **Award** participants, **provide** them with Sectional information, **fax** Local Result Form and **mail** registration forms to PHR National Headquarters.

PITCH

Throw pitches at a designated "Strike Zone" target.

HIT

Hit from a stationary tee for distance and accuracy.

RUN

Run from second base to home plate (**160 feet**) for time.

LEVELS OF COMPETITION

<p>LOCAL COMPETITION MARCH 1 – MID-MAY</p>	<p>Youngsters MUST first compete at the Local level of competition.</p>	<p><u>Advancing to Sectional</u> All-Around Champion, Pitching, Hitting & Running Champion in each age group.</p>
<p>SECTIONAL COMPETITION MID-MAY – EARLY JUNE</p>	<p>Each Sectional is part of an MLB team's geographic market.</p>	<p><u>Advancing to Team Championship</u> All-Around Champions in each age group within the top four scorers of all Sectionals within each MLB geographic market advance.***</p>
<p>MLB TEAM CHAMPIONSHIP JUNE WEEKENDS MLB BALLPARKS</p>	<p>Step onto a Major League diamond & compete like the pros. Team Championship competitions take place at all 30 MLB Ballparks. Participants have the opportunity to compete on-field and be introduced prior to the game.</p>	<p><u>Advancing to National Finals</u> The top 4 All-Around Champions in each age group out of all 30 MLB Team Championships will advance</p>
<p>NATIONAL FINALS 2007 MLB ALL-STAR WEEK AT&T Park – San Francisco, CA National Finalists receive a trip to San Francisco for the 2007 All-Star Game.</p>	<p>National Finalists will arrive to a flurry of festivities in San Francisco, including a Welcome Reception, MLB Brunches and All-Star FanFest. They will then compete on-field prior to the Century 21 Home Run Derby and shag fly balls in the outfield during the Home Run Derby, before attending the All-Star Game on Tuesday night.</p>	

PRIZES/AWARDS: All youngsters competing at the Local level receive an item for their participation, included in the administrative kit. Prizes for age group champions include ribbons, plaques, trophies and other awards. National Finalists receive a trip to San Francisco for the 2007 All-Star Game.

* Boys & girls compete **together** in four age groups: 8 & under, 9/10, 11/12, 13/14. Age is determined as of July 17, 2007.

** Weather permitting, specific dates within your market will be available upon determination of each Team Championship date.

*** Advancement notified by PITCH, HIT & RUN National Headquarters. All-Around Champions at the Sectional and Team Championship do NOT automatically advance.

FOR MORE INFORMATION OR TO SIGN UP ONLINE, VISIT WWW.MLB.COM/PHR