We all face barriers in our lives, even Major League Baseball players. Read below to see how some of these ballplayers face barriers by using Jackie Robinson's Nine Values.

**Values**

A belief that is important to you and helps to guide your life.

**Barriers**

A problem or obstacle that stops you from moving forward.

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**Jackie Robinson's Nine Values**

**Courage**
Doing what you know is the right thing even when it is hard to do.

**Determinination**
Staying focused on a plan even though the path to its end may be difficult.

**Teamwork**
Working with other people toward a common goal.

**Persistence**
Working toward a goal and continuing to move forward even though you face obstacles or barriers.

**Integrity**
Sticking to your values, regardless of what others think you should do.

**Citizenship**
Making a contribution that improves the lives of others.

**Justice**
Treating all people fairly, no matter who they are.

**Commitment**
Making a promise and following through on it.

**Excellence**
Doing the best that you possibly can.